



SEMINOLE HIGH SCHOOL

FEBRUARY 2025 MENU



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BREAKFAST

All meals must include an Entree, Fruit, Juice, and/or Milk.

Cost: \$2.75

MONDAY

Chicken Biscuit
Fresh Baked Scone
Cereal & Cheese Stick
BeneFIT® Bar

TUESDAY

French Toast Sticks
& Sausage
Strawberry Mini Bagel
Cereal & Cheese Stick
BeneFIT® Bar

WEDNESDAY

Chicken Biscuit
Fresh Baked Scone
Cereal & Cheese Stick
BeneFIT® Bar

THURSDAY

Egg & Cheese Bagel
Sausage, Egg, Cheese Bagel
Strawberry Mini Bagel
Cereal & Cheese Stick
BeneFIT® Bar

FRIDAY

Waffles & Chicken Tender
Fresh Baked Scone
Cereal & Cheese Stick
BeneFIT® Bar

LUNCH

All meals must include an Entree, Fruit, Juice, Vegetables and/or Milk.

Cost: \$3.75

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



What is a vampire's favorite fruit?

Blood Oranges are February's **Harvest of the Month**, available weekly.

3 Boneless Wings Mashed Potatoes & Gravy Dinner Roll	4 Cheese Quesadilla Carnitas Quesadilla Pinto Beans	5 Baked Pasta Garlic Breadstick Broccoli	6 Burrito Bowl (Chicken, Beef, or Veggie) Cilantro Lime Rice Black Beans	7 Asian Chicken (Orange or Teriyaki) Rice or Lo Mein Green Beans
10 Boneless Wings Mashed Potatoes & Gravy Dinner Roll	11 Nachos Nachos with Beef Assorted Toppings Pinto Beans	12 Alfredo Pasta Chicken Alfredo Pasta Garlic Breadstick Green Beans	13 Burrito Bowl (Chicken, Beef, or Veggie) Cilantro Lime Rice Black Beans	14 Asian Chicken (Orange or Teriyaki) Rice or Lo Mein Broccoli
17 President's Day	18 Boneless Wings Mashed Potatoes & Gravy Dinner Roll	19 Baked Pasta Garlic Breadstick Broccoli	20 Burrito Bowl (Chicken, Beef, or Veggie) Cilantro Lime Rice Black Beans	21 Asian Chicken (Orange or Teriyaki) Rice or Lo Mein Carrots
24 Boneless Wings Mashed Potatoes & Gravy Biscuit	25 Cheese Quesadilla Carnitas Quesadilla Pinto Beans	26 Alfredo Pasta Chicken Alfredo Pasta Garlic Breadstick Green Beans	27 Burrito Bowl (Chicken, Beef, or Veggie) Cilantro Lime Rice Black Beans	28 Asian Chicken (Orange or Teriyaki) Rice or Lo Mein Broccoli

EVERYDAY FAVORITES

OVEN FRESH PIZZA MEAL

Cheese
Buffalo Chicken
Pepperoni

CHICKEN SANDWICH MEAL

Crispy
Plant-Based
Spicy



DRINKS SERVED ALL DAY

FEATURED MEALS

DELI SUBS
TOASTED SUBS
YOGURT PARFAIT

HUMMUS BOX
CHICKEN CAESAR SALAD
BUFFALO CHICKEN SALAD

COFFEE / BEVERAGES (A LA CARTE)

HOT COFFEE \$1.75
ICED TEA \$1.75
LEMONADE \$1.75

HOT CHOCOLATE \$2.50
NITRO COLD BREW \$2.95
CAFE LATTE \$3.25

Menu is subject to change.

= New Menu Item

= Vegetarian Option

= This Contains Pork

Updated January 22, 2025

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