



# MIDDLE SCHOOL January Menu



Manage your meals online at:  
**MySchoolBucks.com**

**COST:** Breakfast \$2.75 & Lunch \$3.75

Apply for Meal Benefits for free and reduced-priced meals at: **SCPSmealapp.com**

★ = Limited Time Only

🐷 = This Contains Pork

🌿 = Vegetarian Option

## EVERYDAY FAVORITES

**HUMMUS BOX MEAL** 🌿  
Available weekly

**SPECIALTY SALAD MEAL**  
Turkey & Cheese Chef or Chicken Caesar

**OVEN FRESH PIZZA MEAL**  
Cheese 🌿, Pepperoni 🐷 or Buffalo Chicken

**CHICKEN SANDWICH MEAL**  
Crispy, Spicy or Plant-based 🌿

**YOGURT PARFAIT MEAL**  
Assorted Fruits 🌿

## BREAKFAST

All Meals Include An Entrée, Fruit,  
100% Fruit Juice and/or Milk

### MONDAY

Chicken Biscuit  
Fresh Baked Scone & Yogurt 🌿  
(NEW BERRY FLAVOR AVAILABLE)

### TUESDAY

French Toast Sticks & Sausage 🐷

### WEDNESDAY

Chicken Biscuit  
Fresh Baked Scone & Yogurt 🌿  
(NEW BERRY FLAVOR AVAILABLE)

### THURSDAY

Egg & Cheese Bagel 🌿  
Sausage, Egg & Cheese Bagel 🐷

### FRIDAY

Waffles & Chicken Tender  
Fresh Baked Scone & Yogurt 🌿  
(NEW BERRY FLAVOR AVAILABLE)

### EVERYDAY FAVORITES

General Mills® Cereals  
& Cheese Stick 🌿  
BeneFIT® Bar 🌿



Menu is subject to change.  
Updated December 18, 2023

## FEATURED MEAL OF THE DAY

All Meals Include an Entrée, Fruit,  
Juice, Vegetables and/or Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
				
8 <b>Boneless Wings</b> Mashed Potatoes & Gravy Dinner Roll	9 <b>Alfredo Pasta</b> 🌿 or <b>Chicken Alfredo Pasta</b> Garlic Breakstick Green Beans	10 <b>Chicken, Beef or Veggie</b> 🌿 <b>Burrito Bowl</b> Cilantro Lime Rice Black Beans	11 <b>Sriracha Honey Chicken</b> or <b>Teriyaki Chicken</b> Rice or Lo Mein Fresh Cooked Broccoli Fortune Cookie	12 <b>Cheese Quesadilla</b> 🌿 or <b>Carnitas Quesadilla</b> 🐷 Fresh Cooked Carrots Pico de Gallo
15 <b>MARTIN LUTHER KING JR. DAY</b>	16 <b>100% All Beef Burger</b> or <b>Cheeseburger</b> French Fries	17 <b>Chicken, Beef or Veggie</b> 🌿 <b>Burrito Bowl</b> Cilantro Lime Rice Black Beans	18 <b>Orange Chicken</b> or <b>Spicy Thai Chicken</b> Rice or Lo Mein Fresh Cooked Broccoli Fortune Cookie	19 <b>Grilled Cheese</b> 🌿 or <b>Grilled Turkey-Ham</b> ★ & <b>Cheese Sandwich</b> Tomato Soup
22 <b>Boneless Wings</b> Mashed Potatoes & Gravy Dinner Roll	23 <b>Baked Pasta</b> 🌿 Garlic Breadstick Green Beans	24 <b>Chicken, Beef or Veggie</b> 🌿 <b>Burrito Bowl</b> Cilantro Lime Rice Black Beans	25 <b>Sriracha Honey Chicken</b> or <b>Teriyaki Chicken</b> Rice or Lo Mein Fresh Cooked Broccoli Fortune Cookie	26 <b>Nachos</b> 🌿 or <b>Nachos with Beef</b> Assorted Toppings Pinto Beans
29 <b>Boneless Wings</b> Mashed Potatoes & Gravy Dinner Roll	30 <b>Alfredo Pasta</b> 🌿 or <b>Chicken Alfredo Pasta</b> Garlic Breakstick Green Beans	31 <b>Chicken, Beef or Veggie</b> 🌿 <b>Burrito Bowl</b> Cilantro Lime Rice Black Beans		